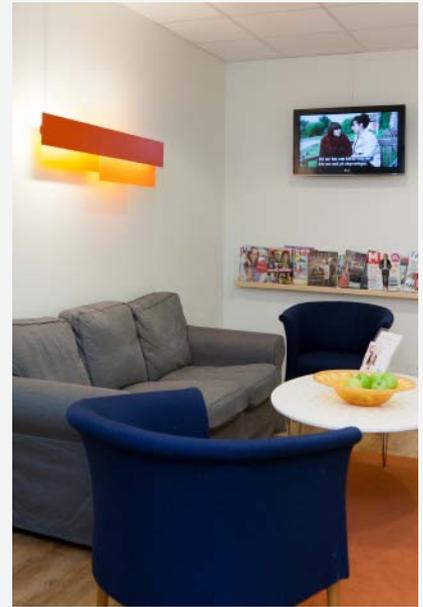


Plastikkirurggruppen, Stockholm

More flexible service for Plastikkirurggruppen clients

Clients encounter a pleasant, fresh atmosphere from the moment they step into the beautifully decorated reception area. The waiting room is fitted out in a homely fashion, with sofas, newspapers and TV.

This newly renovated private clinic offers various types of plastic surgery to clients who consult the clinic on their own initiative and clients referred by doctors working for the county council.



Plastikkirurggruppen AB, Sabbatsberg hospital, Stockholm

- CEO: Mikael Sellman
- Part of the Teres Medical Group, Scandinavia's biggest group of private hospitals and clinics offering various kinds of surgery
- Able to carry out around 6,000 operations a year
- Offers both aesthetic surgery and reconstructive surgery, and also has a care agreement with Stockholm County Council and a care guarantee agreement with Gävleborg County Council.
- The care team at Plastikkirurggruppen is made up of eight plastic surgeons, anaesthetists, theatre nurses, post-anaesthetic care and intensive care nurses, a skin therapist, assistant nurses and receptionists.

Challenge

Plastikkirurggruppen wants to replace all its furniture in connection with extension and renovation of the clinic. The products must be of high quality, but they also have to work in the clinic's rooms.

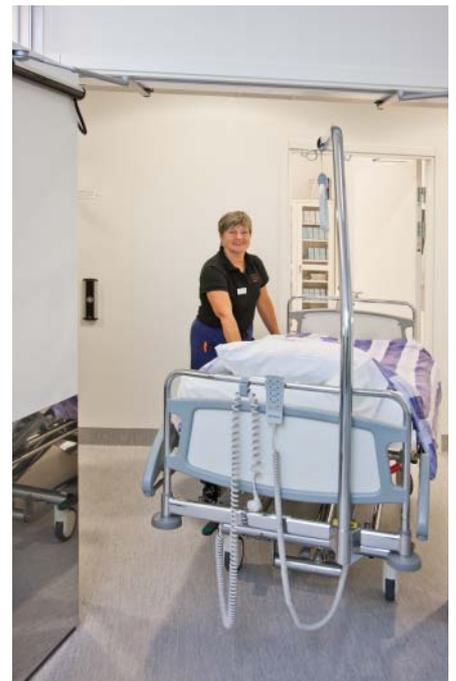
Solution

Merivaara was able to offer operating tables, lamps and pendants, as well as bespoke beds. Moreover, other clinics within the same group company had had good experiences with Merivaara products.

Plastikkirurggruppen chose electronically controlled Practico operating tables, Merilux X5 lamps and Ondal pendants for all four operating theatres.

Extra narrow versions of the easy-to-use Carena bed were supplied to fit the space available.

The doctors use Merilux X1 examination lamps in the consulting rooms.



Plastikkirurggruppen was founded back in the late 1980s by MD **Kjell-Ove Sällström**. Its operations were somewhat small-scale over its first few years of operation, but it has grown over time; and since 2003 the clinic has been located on Sabbatsberg Hospital premises in Vasastan in the heart of Stockholm. The clinic underwent renovation in 2011, and its premises were expanded considerably at the same time.

Now Plastikkirurggruppen has seven consulting rooms, four operating theatres, one recovery room and overnight accommodation for both individuals and groups of people. The clinic used to carry out around 2,000 operations each year. Thanks to the new rooms, the clinic is now able to more than double the number of operations it carries out to around 6,000 a year.

When all the theatres are in use, the clinic is able to accept 20 or so clients a day, depending on the type of operation. Most of these are able to go home the same day, but some clients need to stay in overnight after certain operations. Fridays are reserved entirely for day surgery.

Plastikkirurggruppen also has recourse to special services such as laboratory analyses, X-rays, cardiology and pharmacy services. These services are provided by other companies in the same building.

High class aesthetic and reconstructive surgery

Breast augmentation or reduction, tummy tucks, liposuction, facelifts and rhinoplasties are the most common operations carried out. Thanks to its professional approach, the clinic has been able to enter into a care agreement with Stockholm County Council, which means that around 25-30 % of clients are referred to the clinic for reconstructive surgery due to, e.g. accidents or congenital malformation. Karolinska University Hospital has also started to use the services of Plastikkirurggruppen

”Fresh, modern premises are important to us. Furthermore, all our equipment is now much better than the equipment we used to have.”

– Mikael Sellman, CEO



for removal of skin tumours. As many of the clinic’s clients feel that the operations they have come here to have are a very private matter, the clinic is anxious to maintain the greatest possible discretion and a strong degree of trust in the clinic and its care staff.

Emphasis on logistics

To be able to offer clients a flexible service and outstanding comfort, Plastikkirurggruppen sets great store by effective logistics. “Logistics are important, making sure things work. We have to maintain contact between various parts of the organisation and ensure that all flows are good. This is a real challenge when you move and grow,” explains **Mikael Sellman**, CEO of Plastikkirurggruppen.

The operating theatres and instruments are adapted according to the type of surgery and the operating physician. The clinic strives to give each individual surgeon access to the same operating theatre for an entire day. This makes the process faster and utilises the time as efficiently as possible.

The operating theatres are equipped

with mobile operating tables which can easily be adjusted for various operations and patient positions. As all tables, lamps and pendants are the same in all theatres, it is easy for the staff to work irrespective of which theatre they are in. This is particularly important as many surgeons come from elsewhere to work just one or two days at a time at this clinic.

After being operated on, patients are taken on beds to the recovery room, and to overnight accommodation if so required. As space is limited to an extent in the clinic, Plastikkirurggruppen has opted to use particularly narrow beds which are easy to move through the narrow corridors but are still comfortable for clients. Clients can themselves use a simple remote control to set their beds in different positions electronically, depending on what feels most comfortable for them.

“We decided to go for a slightly narrower bed variant so that it would be easy to move around,” explains Mikael. “I was a little concerned that these beds would be too narrow, but we have not had any complaints on that front. Everything is so much better now than it was before.”

All Merivaara products bear the CE mark and are ISO certified (ISO 13485 for medical device).

Solutions for optimal physical patient flow

Merivaara is a Finnish, internationally operating company that provides a wide range of hospital furniture such as operating tables, medical lights, examination tables, stretchers for transportation and day surgery, as well as birthing and patient beds. Our versatile solutions enable convenient and cost-effective physical patient flow within the hospital, day surgery and health clinics, as well as nursing homes.

Established in 1901, Merivaara has more than 100 years experience in designing and manufacturing hospital furniture. Today, Merivaara's products are highly appreciated by users in more than 100 countries thanks to their ease-of-use, reliability and functional design.

All products are CE labelled and Merivaara's quality system complies with EU directives for medical device, and certified according to ISO 9001:2008 and ISO 13485:2003 quality standards. The company's environmental management system is ISO 14001:2004 certified.



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